

# WOMEN'S MINISTRY

Man-Sask Conference of the Seventh-day Adventist Church



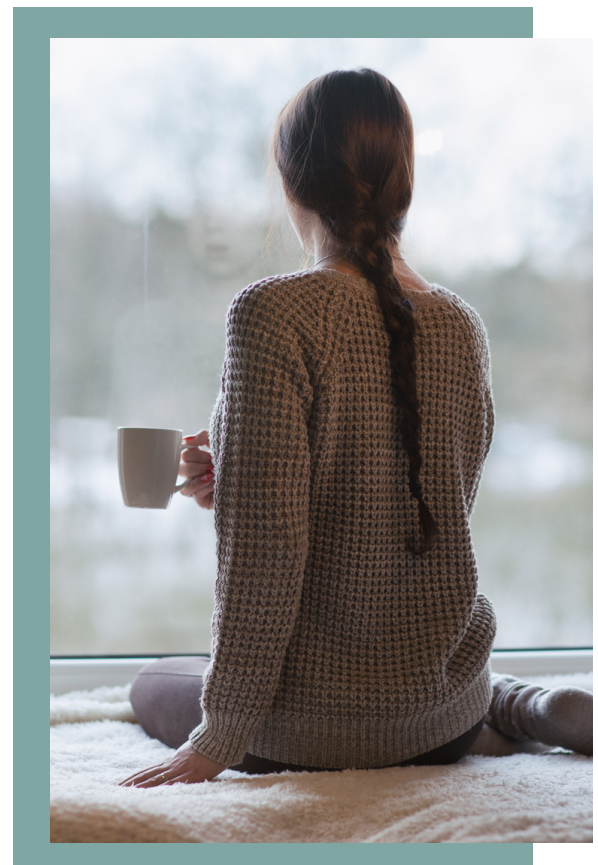
## *New Beginnings*

WRITTEN BY PAULIE ROGERS

January is a time of New Years Resolutions: Lose weight, get healthy, do more, start something new, be happier, get out of debt... and the list goes on; slightly different for each and every one of us, except that we all want better than we are or have. We make our resolutions with gusto that this year is going to be *the* year... And then we become discouraged because we aren't able to follow through.

Research shows that only 9% of those who make resolutions actually succeed. 23% quit by the end of the first week and 43% don't make it to February. That's pretty sad.

So, my question for us is not *what* needs to change, but *how* do we achieve the impossible? I have been on my knee's countless times over the years, asking God for these changes...only to fall yet again. Is there no hope?



“My [daughters], pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one’s whole body. Above all else, guard your heart, for everything you do flows from it.”

Proverbs 4:20-23 NIV

Spending quality time with God daily brings us into the most beautiful changing relationship we can ever experience. Opening up the door to our soul for Him, is life changing. A surrender to His will and purpose in and through us, is where the key to success is. It is in where our hearts focus is. Is it for MY glory, or HIS glory?

Years of struggle, has proven I can not do anything in and of myself. My own willpower was weak. My plans failed. Thoughts of discouragement set in and low self-esteem pushed me down. Do you know what I’m talking about? We try so hard to accomplish a goodness ourselves with hope of becoming a *better* person, only to fall flat in despair.

The Bible says to “Trust in the LORD with all your heart and



lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.” Proverbs 3:5,6

Taking the hand of God and asking Him to lead us to He will, is the best place to start down the path of a New Start. We can trust Him in all things to make them right according to the plans He has for us. We need to stop looking in the mirror for what we should be, and look to our heavenly help to become a reflection of Jesus, who wants nothing more than to shine brightly through us for the whole world to see HIS goodness and mercy and love.

Want to make some successful changes this year? Do them in Christ. He won’t let you down.

## **JUST ONE REQUEST**

**Dear Master for this coming year**

**Just one request I bring:**

**I do not pray for happiness,  
or any earthly thing -**

**I do not ask to understand  
the way Thou leadest me,  
but this I ask: Teach me to do  
the thing that pleases Thee.**

**I want to know Thy guiding voice,  
to walk with Thee each day.**

**Dear Master make me swift to hear  
and ready to obey.**

**And thus the year I now begin**

**A happy year will be -  
if I am seeking just to do  
the thing that pleases Thee.**

**Author Unknown**



# OUR FOCUS IS ON JESUS



God sent His son Jesus to show us His unconditional LOVE. A love that wants nothing more than to be revealed to his precious daughters.

It is our mission to bring that loving acceptance to each of the women throughout this conference that we may all be filled with God's amazing Hope, Love, Peace and Grace that only Jesus can deliver.

We are here to give you support, encouragement and Godly inspiration.

## YOUR WOMEN'S MINISTRY TEAM



Fran Gorbenko  
Director

Leslyn Lewis

Aleisha Mazier

Kathy Adolph

Paulie Rogers

## LET US PRAY FOR YOU

We know that life can be a struggle and challenging at times, so whatever you are going through, please reach out to us and we will be so happy to pray for you and/or your loved ones.

[fgorb@sasktel.net](mailto:fgorb@sasktel.net)

1-306-229-1610



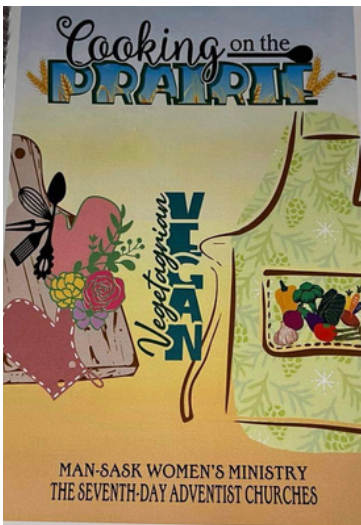
# Upcoming Events



## FOUND

### A ZOOM MEETING WITH ERICA JONES

Please join us on zoom (the link is attached below this newsletter) for a wonderful time together. Erica will be speaking to us on the topic: the practice of gratitude and trusting in Jesus when things get hard. She titles her talk, FOUND January 27, 2024 at 3:30pm CST



## COOKBOOK

### BY THE MAN-SASK WOMEN'S MINISTRY

You are going to want to get this cookbook! It was lovingly put together with treasured favorite recipes from women throughout the conference. It is not only a great way to have these delicious dishes on your own table, but it's also a fantastic way to support this ministry. The book is available through the conference office, members of the ministry team and will be for sale at the Women's Retreat in May. For more information please contact Fran Gorbenko

Cooking on the Prairies  
Cookbook  
\$22.00

### SUPPORT THE MINISTRY

We as a team are excited with all kinds of plans for the women of this conference but as you know everything costs money so our actions are limited to a very tight budget. If you would like to help support this ministry you can do so by donating to MAN-SASK WOMEN'S MINISTRY.

# WOMEN'S RETREAT

TEMPLE GARDEN MINERAL SPA, MOOSE JAW, SK  
MAY 24, 25 & 26

We are looking forward to this years retreat with excitement. The theme is FIND YOUR WINGS AND SOAR, HIS BEAUTY SHINES IN ALL OF US. The guest speakers are; Jacklyn Peart and Reema Sukumaran.

Look for more information in the following months along with details for registration.

There are rooms already set aside for this event so when you call to reserve your room please let them know you are with the Seventh-day Adventist Women's Retreat. Temple Garden Spa 1-800-718-7727



## *Ladies of the Prairies*

**OUR OFFICIAL FACEBOOK GROUP**

If you have a FaceBook account, please look for our group page and ask to join. Encouraging scripture and quotes are posted weekly along with any announcements of upcoming events.

The ministry team will also be sending out these emails on a regular basis so if you, or anyone you know who would like to receive these emails please send your email address to: fgorb@sasktel.net

# *A BLESSING FOR YOU*

**FROM THE WOMEN'S MINISTRY DIRECTOR: FRAN GORBENKO**

Greetings, Ladies of the Prairies,

As we embark on a New Year, with New Beginnings, may our focus always be on JESUS, our LORD & SAVIOUR. Once again, because of his infinite love and mercy, he has brought us safely through another year.

Even though we do not know what will cross our path in this year of 2024, we do know that he is always by our side to give us direction and protection.

May his peace surround you. May his love enfold you. May

his grace strengthen you. May his wisdom inspire you and may you always feel his everlasting arms around you.

*Peace I leave with you. My peace I give unto you. Not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid. John 14: 27*

Bushels of God's Blessings for 2024

God Bless,  
Fran Gorbenko  
Man-Sask Women's Ministries Director

